

Unit Outline (Higher Education)

Institute / School:	Institute of Health and Wellbeing
Unit Title:	RURAL AND REMOTE PRIMARY AND PUBLIC HEALTH CARE IN OCCUPATIONAL THERAPY
Unit ID:	NHPOT2016
Credit Points:	15.00
Prerequisite(s):	(NPHPS1401)
Co-requisite(s):	Nil
Exclusion(s):	Nil
ASCED:	061703

Description of the Unit:

This unit introduces students to the principles and practices of primary health care and public health in the rural and remote Australian context. Students will gain an understanding of the nature of rural society and how these societies have changed over time, including the influences of economy, environment, geography and cultural diversity. Demography and demographic change and its impact on rural society and life will be discussed and the health status and factors that influence the health of rural and remote Australians will be presented, including the health of indigenous Australian peoples. The impact of Australian history upon indigenous peoples will be introduced. Students will be introduced to the concept of cultural safety which includes basic communication principles for effective engagement with indigenous Australian clients. Different models of primary health care service planning and delivery will be presented. Concepts for inter-professional teamwork practice will be introduced. Students will gain an understanding of policies affecting rural health as well as learning about the role of health professionals in work in rural and remote areas and the issues that they face. The content is applicable for health practice with rural and remote clients in urban or rural settings and contributes to fieldwork placement preparation.

Grade Scheme: Graded (HD, D, C, P, MF, F, XF)

Work Experience:

Not wholly work experience: Student is not undertaking work experience in industry or student is undertaking work experience in industry where learning and performance is directed by the provider.

Placement Component: No

Supplementary Assessment: Yes

Where supplementary assessment is available a student must have failed overall in the Unit but gained a final

mark of 45 per cent or above, has completed all major assessment tasks (including all sub-components where a task has multiple parts) as specified in the Unit Description and is not eligible for any other form of supplementary assessment

Course Level:

Level of Unit in Course	AQF Level of Course					
	5	6	7	8	9	10
Introductory	■	■	■	■	■	■
Intermediate	■	■	■	✓	■	■
Advanced	■	■	■	■	■	■

Learning Outcomes:
Knowledge:

- K1.** Compare and contrast the health status of rural and remote indigenous and non-indigenous Australians and factors influencing health and health care needs
- K2.** Identify different models of primary health care delivery in rural and remote communities and key policy influences
- K3.** Examine rural and remote workforce issues and the interdisciplinary role of health professionals in these settings

Skills:

- S1.** Develop an appreciation of how history impacts on the health status of Aboriginal and Torres Strait Islander people living in rural and remote regions
- S2.** Demonstrate effective communication and culturally safe health practices for working with diverse rural and remote populations

Application of knowledge and skills:

- A1.** Apply primary and public health concepts and models of care in remote and rural contexts

Unit Content:

The Occupational Therapy Board of Australia (OTBA) Code of Conduct (2014); Australian Occupational Therapy Competency Standards (2018) National Quality and Safeguarding Framework (NQSF, 2018), National Safety and Quality Health Service (NSQHS) Standards (2017-2019) and National Aged Care Quality Standards (2019) have substantially informed the syllabus/content of this unit.

Topics may include:

- Rural and remote primary and public health care and the health care team
- Rural and remote health status
- The nature of rural and remote practice and policy
- Models of care, expanded practice, skills and interdisciplinary teams
- Cross cultural safety
- Working with people who have or are experiencing trauma
- Community engagement
- Self-care
- Using technology

Learning Task and Assessment:

Learning Outcomes Assessed	Assessment Tasks	Assessment Type	Weighting
K1, K2, K3, S1, S2, A1	Select a contemporary rural health issue to compare and contrast health status and identify factors influencing health	Group poster and short essay	20-30%
K1, K2, K3, S1, S2, A1	Design a community engagement plan focussing on the key health issue explored in Assessment Task 1	Written assignment	30-40%
K1, K2, K3, S1, S2, A1	All topics covered	Examination	35-45%

Adopted Reference Style:

APA

Refer to the [library website](#) for more information

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